

# THE FUTURES ARCANA DECK

## ARS MORIEND FOR THE FUTURE UTILIZING TAROT

Tarot is as helpful as you want it to be. It's a chance to listen and see what might speak. Take the 5 tarot cards from the deck and shuffle them, keeping them facedown while you shuffle. While shuffling, think deeply about a change you foresee coming or one you are currently navigating. Push your thoughts into the cards, meaning: ask the cards to help encourage you in places where you should keep going or challenge you in places you might need to focus on. When you are ready, flip the card over and place on the reverse side of this mat. Wait until all 5 cards are flipped and reveal the whole picture to you before you look over their meaning.

Arcana means 'mysteries' and there is nothing more mysterious than the future. Sometimes navigating the twist & turns that take us to the future can be painful and sometimes even scary. The Futures Arcana is a way to gamefy and play with our future. Lean in and let the esoteric methods guide you.



When it comes to the change or transition you are working through, ask yourself: what is your biggest hope? Your biggest fear? Play the story out for yourself. The truth is that tomorrow will not look like today - it simply cannot. The baseline, the continued present, is boring and is only surviving. Choose something bigger. It will come with twists and turns, challenges and celebrations, but you get to write the story.

SCENARIOS:  
HOPES, FEARS  
& LIMINAL SPACES

## PASSING THROUGH RITES OF PASSAGE

Arnold Van Gennep gave us phases of life we find conscious and unconscious rituals - the places we move from one place to another (both physically and cosmically). In this set of cards, we challenge you to spend some time meditating on your own rituals - the ones that exist and the ones you might create.

**Separation:** The leaving. The ending. The goodbye. The moving forward. The fear of the unknown. The letting go.

**Transition:** The liminal weightlessness. The traveling through space. The long, dark night of the soul. The wilderness.

**Incorporation:** The coming home. The warm embrace. The new. The fresh. The clean slate. The beginning.

## THE STEPS OF A (FULL) STORY

Rarely does a story only have a beginning, middle, and end. There is always the pre-story, the events that led to the beginning. The same is true of the after. What comes after the change? Think through the pieces of a change you've recently navigated and identify them with the steps in the cards. Write those steps down so you see the full picture. Now, rearrange those cards. What happens when the ending is actually the beginning? What happens when the prologue becomes the middle? How might we relate to our stories if we weren't completely positive of the order of events?

## WELCOME TO THE RUINS

If we're honest, there are places in our lives we are fascinated by destruction. Maybe it's the gossip at work. Perhaps the lives of the rich & famous. We consume the drama like porn. We want to see the wreckage and know that it isn't ours. The truth is, things can end well. They don't always have to end in a complete disaster. How might they end well? And how might we build in good endings? What if we built those endings into our workplaces, our relationships, our future plans?

### {LIGHT}

Light a candle for an ending in your life. Remember you are not alone. The universe is with you.

### {TEAR}

Tear a cloth that you might feel the separation of change and loss in your hands.

### {LISTEN}

Enter the bardo - the liminal space between death and rebirth. Meditate on the new.

OTHER  
MYSTERIES